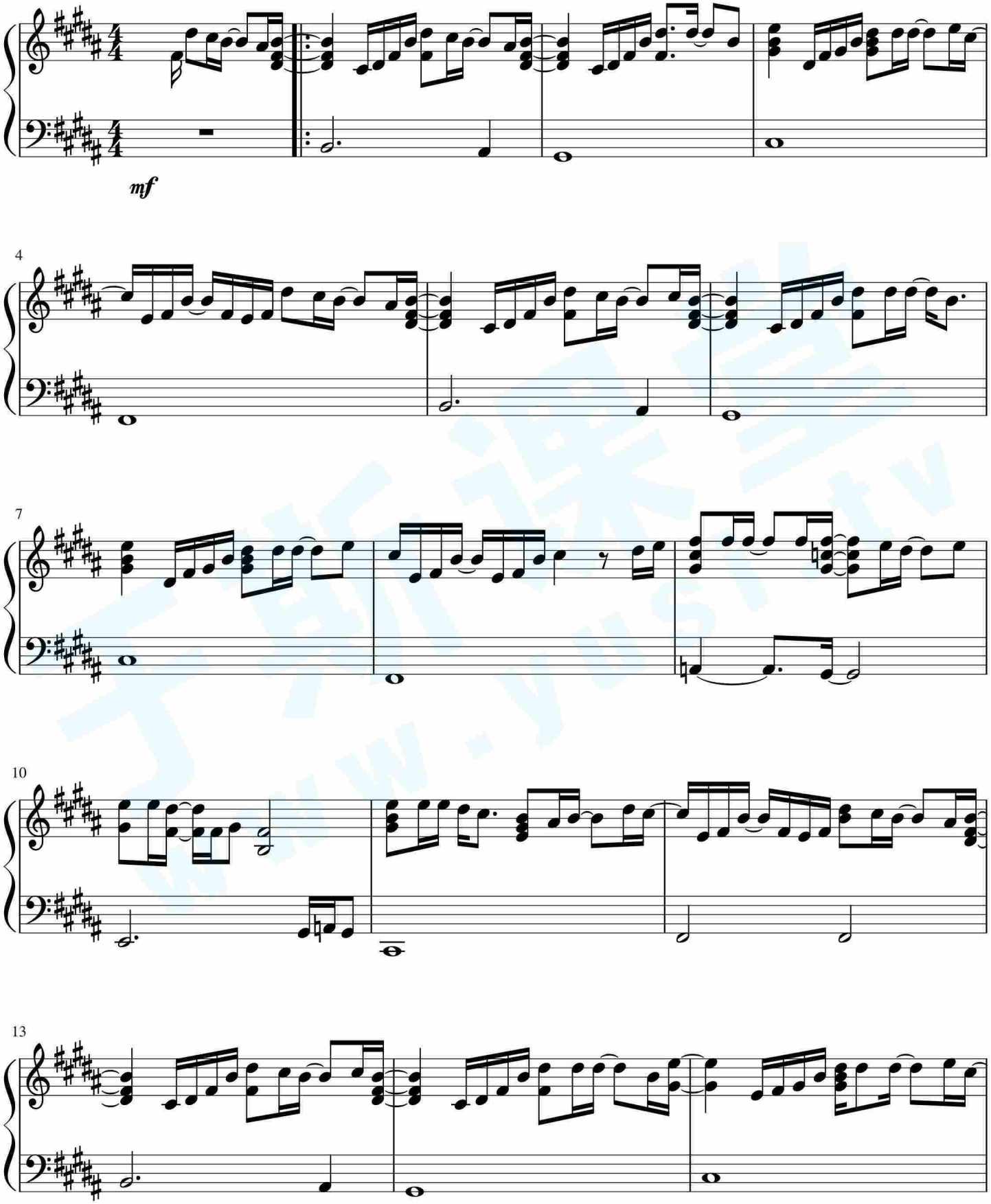
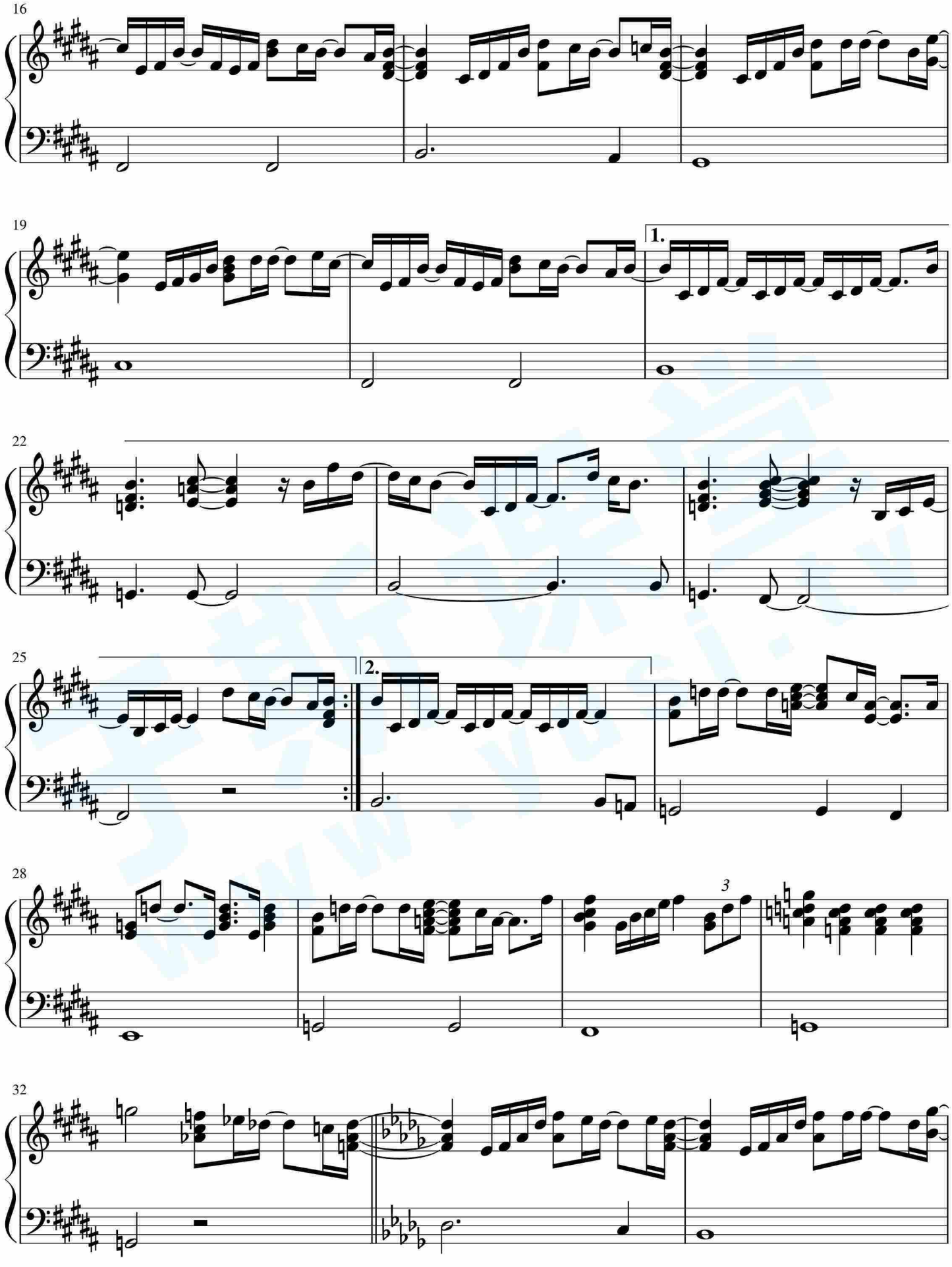
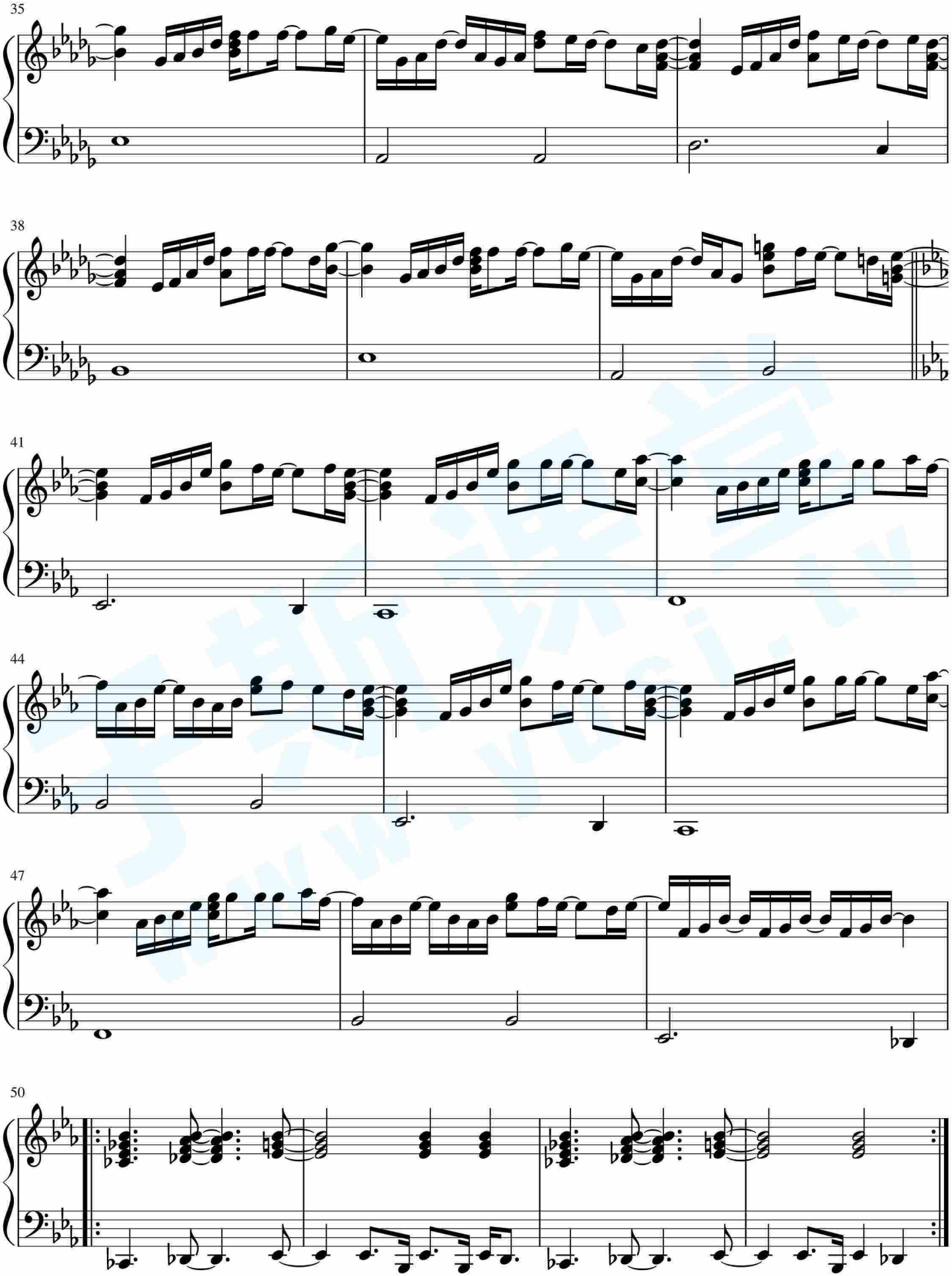
# you are not alone




16
19
1.
22
25
2.
28
3
32


35
38
41
44
47
50