

14. 健身操

The first system of musical notation is in 4/4 time. The treble clef staff contains a sequence of notes: G4 (finger 5), A4 (finger 2), B4, C5, D5, E5, F5, G5. The bass clef staff contains a sequence of notes: C3 (finger 1), D3, E3, F3, G3, A3, B3, C4 (finger 4). The piece concludes with a double bar line.

The second system of musical notation is in 4/4 time. The treble clef staff contains a sequence of notes: G4 (finger 5), A4, B4, C5, D5, E5, F5, G5. The bass clef staff contains a sequence of notes: C3 (finger 5), D3, E3, F3, G3, A3, B3, C4 (finger 3). The piece concludes with a double bar line.

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